



Presents

A FREE COMMUNITY EVENT

(a \$75 value!)



Frazzled to Focused:
Science-Backed Strategies
for Grant Pros Under Stress
with Keellia Guevara



Thursday, May 29 | 12-1:30 PM CST | Online via Zoom

(link sent with registration confirmation)

REGISTER HERE:

<https://grantprofessionals.org/events/EventDetails.aspx?id=1961842&group=>

Questions? gpanebraska@gmail.com



Keellia Guevara is a certified teacher, energy healer, and retreat leader based in Omaha, Nebraska. She brings over a decade of experience to her evidence-based energy work designed to help professionals build resilience and restore wellbeing in the workplace. Whether leading a group of 3 or 300, Keellia's comforting, yet pragmatic approach helps individuals and institutions reset their nervous systems and find their focus. In just over an hour, you will leave this web-based workshop refreshed and ready to face the challenges ahead with practical, easy-to-use techniques you can use whenever you need to take yourself **from frazzled to focused**.