



Expect to feel
rested and more
aware of what you
need to restore
your energy and
focus

Take a little Brain Break

Register
Here

Join Keellia Guevara, founder of Dandelion Healing Collaborative and certified Mindful Self-Compassion teacher, for a gentle and impactful session to rest your mind and restore your energy. Hosted on zoom so you can be as cozy and comfortable as you would like.

May 19th
12pm-
1pm



DANDELION
HEALING COLLABORATIVE



Keellia Guevara